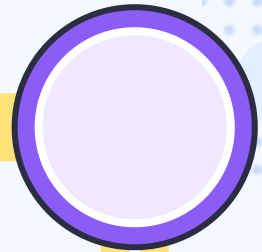
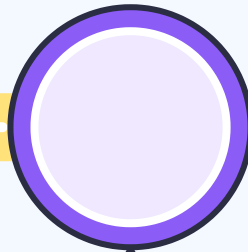
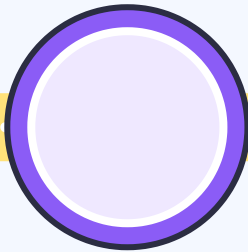
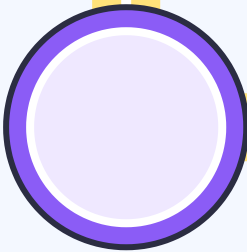
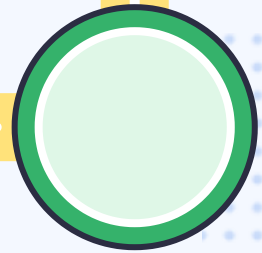
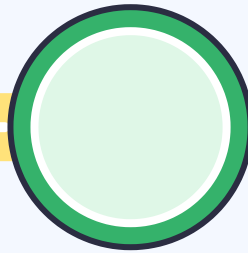
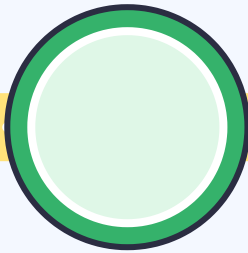
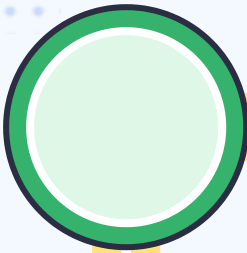
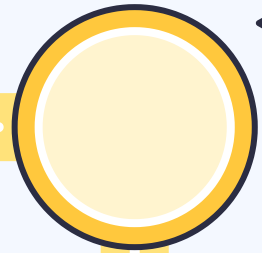
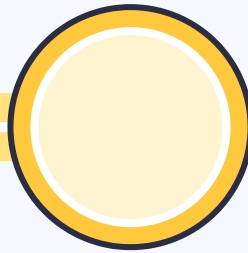
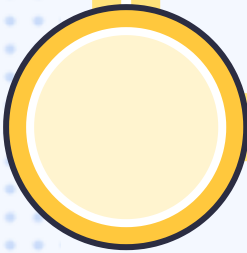
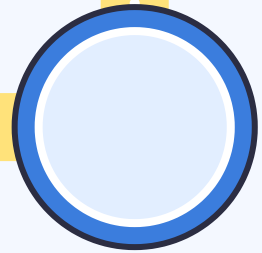
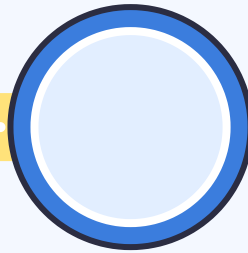
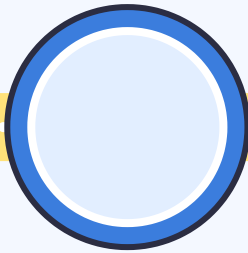
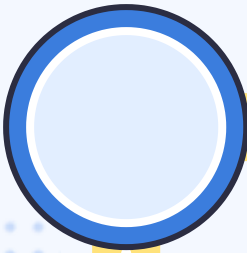
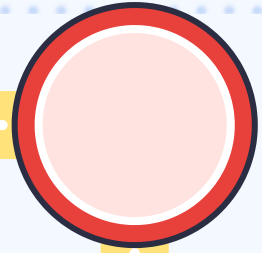
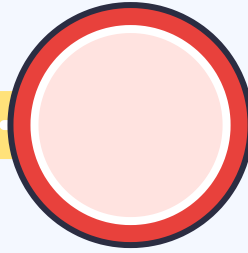
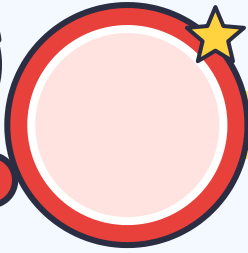
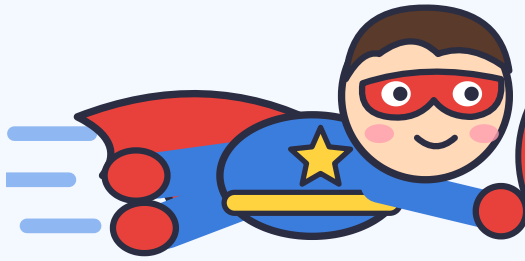
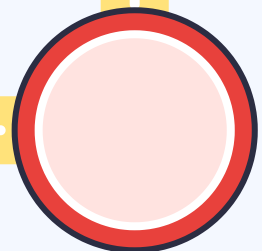
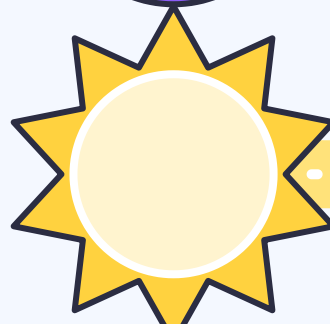


YOU CAN DO IT!

START



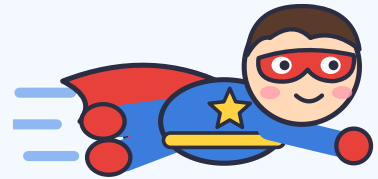
**SUPER
JOB!**



PRIZE: _____

FOR PARENTS

HOW TO USE THE CHART



A reward chart turns good habits into an exciting mission. Every sticker is a ★ heroic deed that brings your little hero one step closer to the super medal.

1

CHOOSE ONE SUPER MISSION

Pick one behavior at a time, like brushing teeth, tidying toys or getting dressed alone. Explain in simple words exactly what earns a sticker.

2

CHOOSE THE PRIZE TOGETHER

Agree on a reward and write it on the PRIZE line. Small, meaningful prizes work best: a trip to the park, a family movie night, baking together.

3

START AT THE STAR

Each time your child completes the mission, add a sticker or color a circle. Begin at START and follow the path, one circle at a time.

4

PRAISE THEIR SUPER MOVES

Add the sticker right away and name what they did: "You put your shoes on all by yourself, super job!" Specific praise builds confidence.

5

HEROES NEVER LOSE STICKERS

Never take stickers away. Even heroes have hard days; the chart only moves forward, so it always feels hopeful.

6

WIN THE SUPER MEDAL!

When your child reaches the big gold star, give the prize and celebrate. Then print a new chart and choose the next mission.



TIPS

Hang the chart at your child's eye level. For ages 3–5, pick easy missions so they finish in one or two weeks. Let your child place the stickers. Keep the same rules every day.