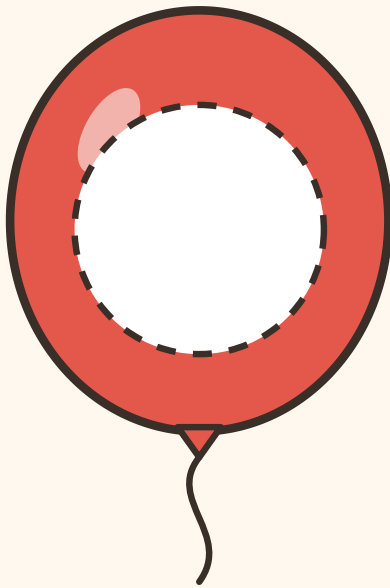
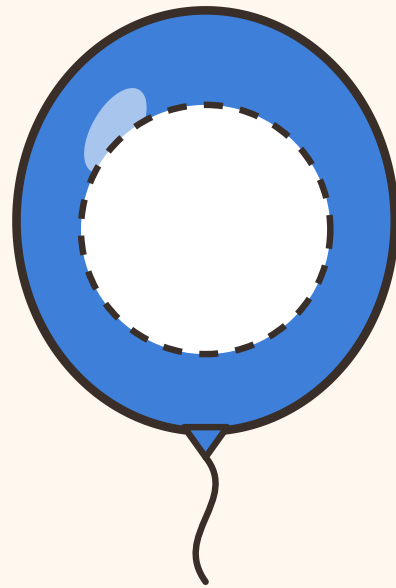


Find my color!

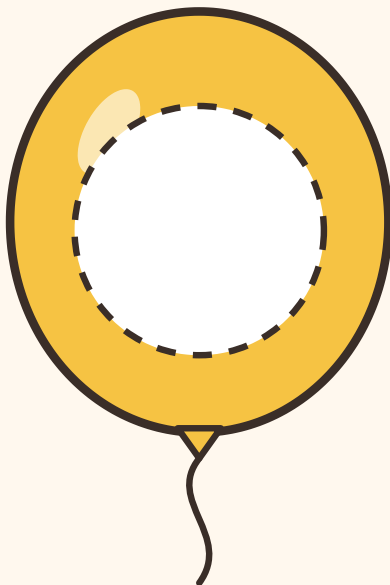
Put each cap in the balloon that matches.



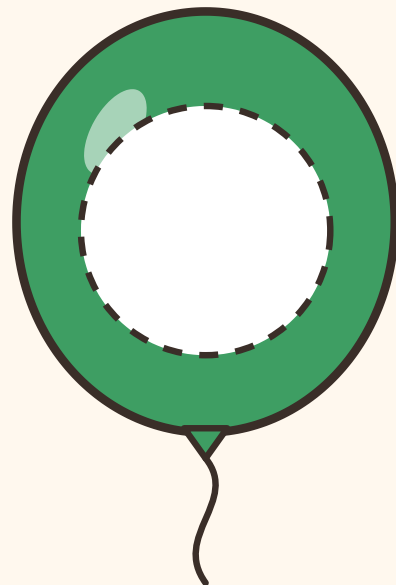
Red



Blue



Yellow



Green

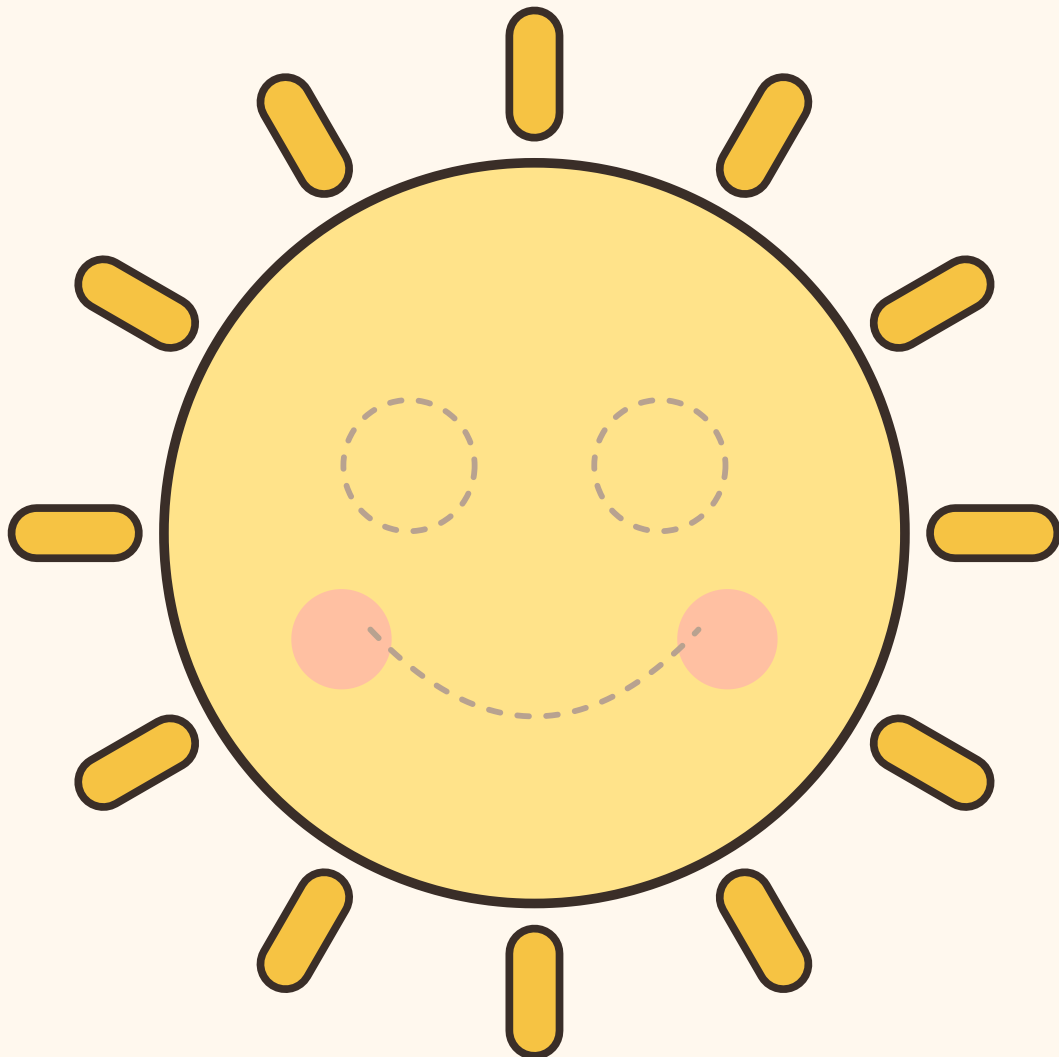


For grown-ups: Collect plastic bottle caps in these 4 colors. Name the color every time a cap goes home: “Red! Red goes here.” Start with just 2 colors if 4 feels like too many.

10–15 min · Colors & sorting · Stay close: caps are small

Give Sunny a face!

Roll balls for eyes and a snake for a big smile.



Roll a ball



Roll a snake



Squish it flat



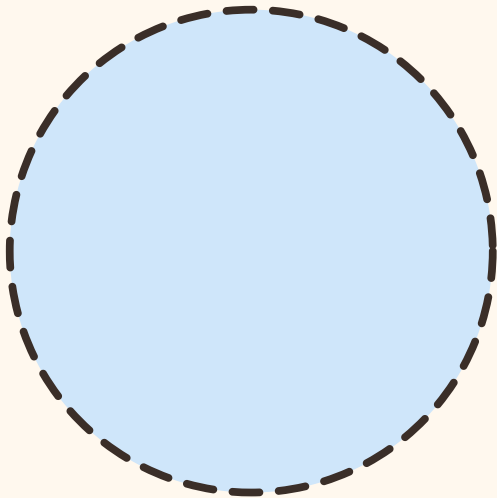
For grown-ups: Slip this page into a plastic sleeve so it wipes clean.

Homemade dough: 2 cups flour, 1 cup salt, 1 cup warm water, 1 tbsp oil and a few drops of food coloring. Knead it together with your little one.

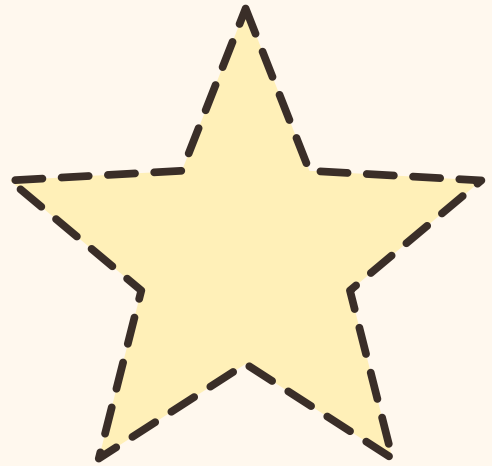
20–30 min · Hand strength & imagination · Dough is salty, not a snack

Stamp, stamp, stamp!

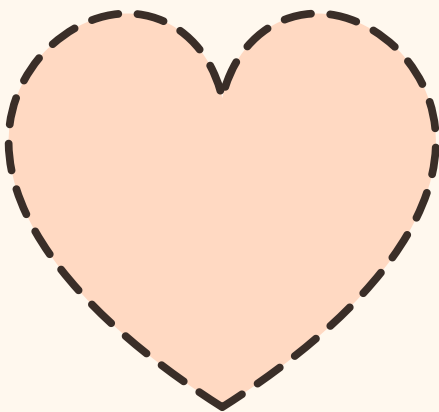
Dip the sponge and press it inside each shape.



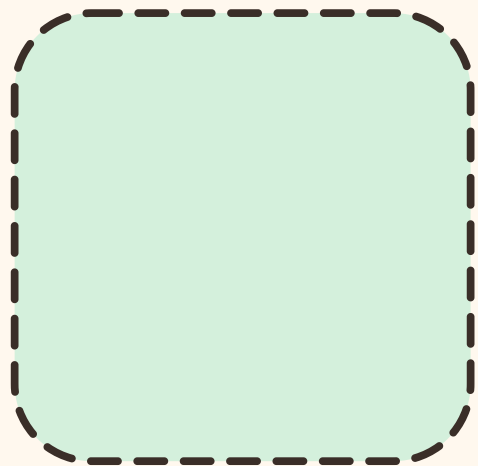
Circle



Star



Heart



Anything goes!



For grown-ups: Cut kitchen sponges into small chunks your child can grip, and use washable, non-toxic paint on a plate. Print on thick paper. Paint outside the lines? Perfect: the fun is in the squish, not the result.

About 20 min · Grip & creativity · Old T-shirt recommended

How does it feel?

Touch each square and say the word together.



Soft

Glue a piece of velvet or fleece
here



Rough

Glue a piece of fine sandpaper
here



Fluffy

Glue a cotton ball here



Bumpy

Glue a piece of bubble wrap
here

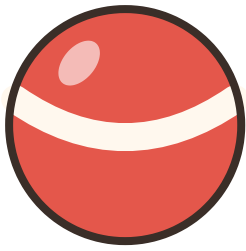


For grown-ups: Print on card stock and glue the materials on firmly. Say the word slowly, then pause: that little wait invites your child to try saying it too. Punch holes and add rings to turn several pages into a book.

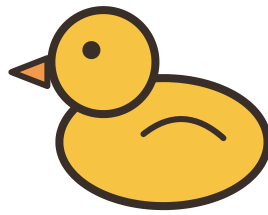
20 min to make · Use a little every day · Vocabulary & touch

Where did it go?

Look at the card, then go find the toy!



Ball



Duck



Car



Block



Teddy



Cup

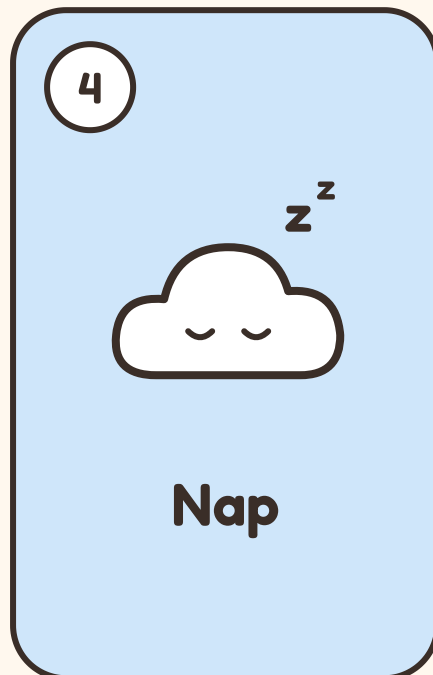
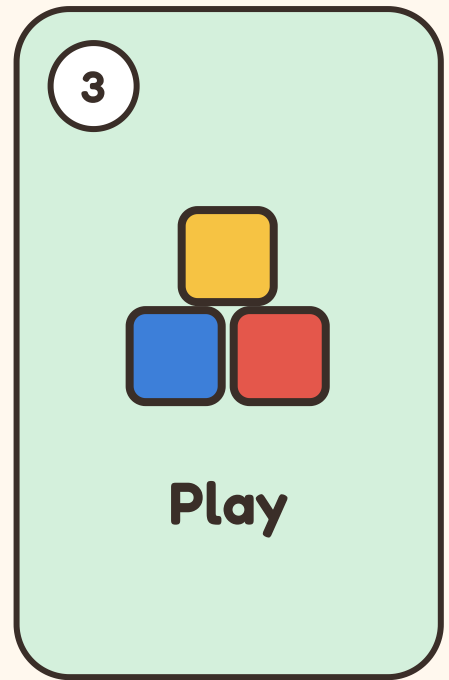
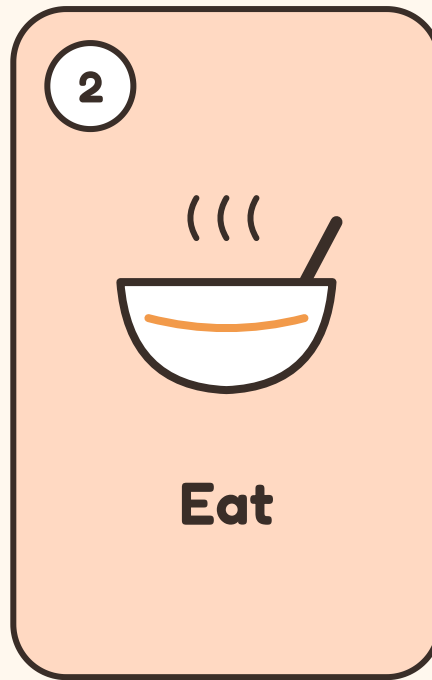
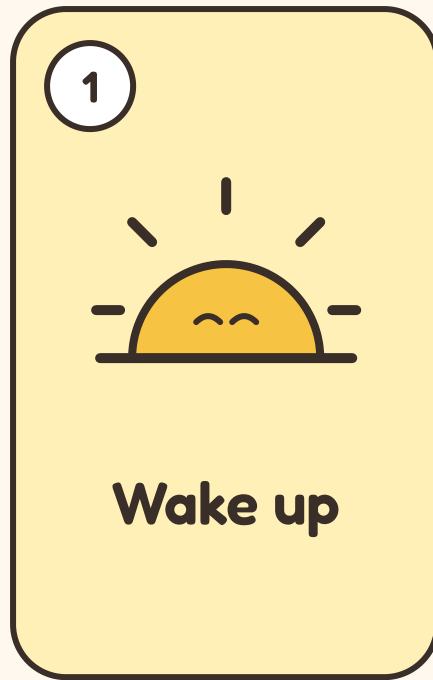


For grown-ups: Cut along the dashed lines. While your child covers their eyes, hide the real toys around the room. Show one card at a time and give easy clues: “It’s near the sofa... under something soft!”

About 15 min · Attention, memory & words · Swap in your own toys

My happy day

Point to the picture, then do it together.



For grown-ups: Hang this at your child's eye level. Before each change, point and give a gentle heads-up: "Two more turns, then it's bath time." Knowing what comes next makes transitions much smoother.

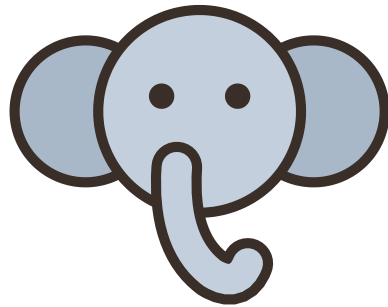
Use every day · Predictability & fewer meltdowns

Move like me!

Pick a card and cross the pillow path like the animal.



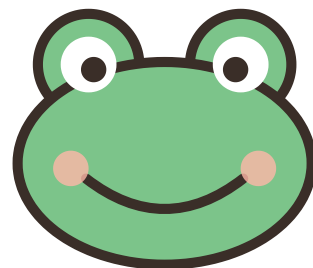
**Hop like
a bunny**



**Stomp like
an elephant**



**Waddle like
a penguin**



**Jump like
a frog**

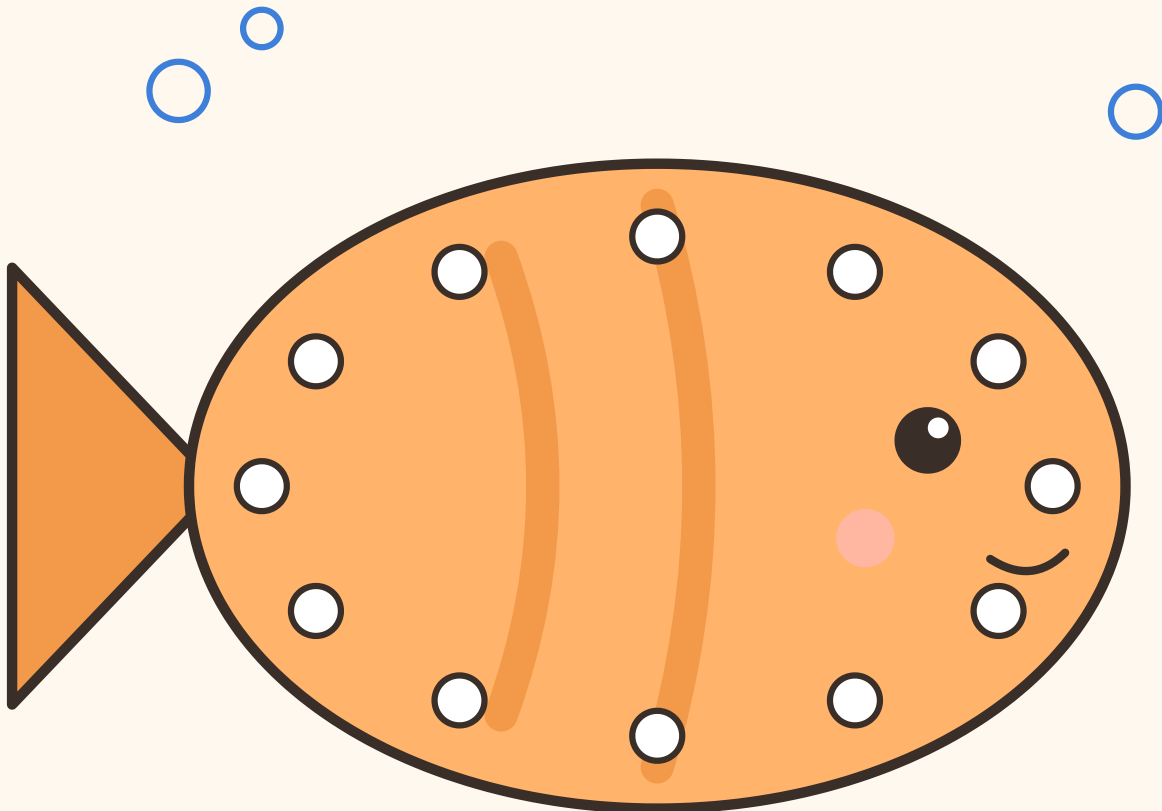


For grown-ups: Cut out the cards and lay cushions across the floor in a path. Draw a card, show the move yourself, then cross together. Add the sound too: stomp and trumpet, hop and sniff, jump and “ribbit!”

About 15 min · Balance & big movements · Clear sharp corners first

Sew the fishy!

Push the string in and out of the holes, all the way around.



Bonus: thread big pasta onto the string to make a necklace

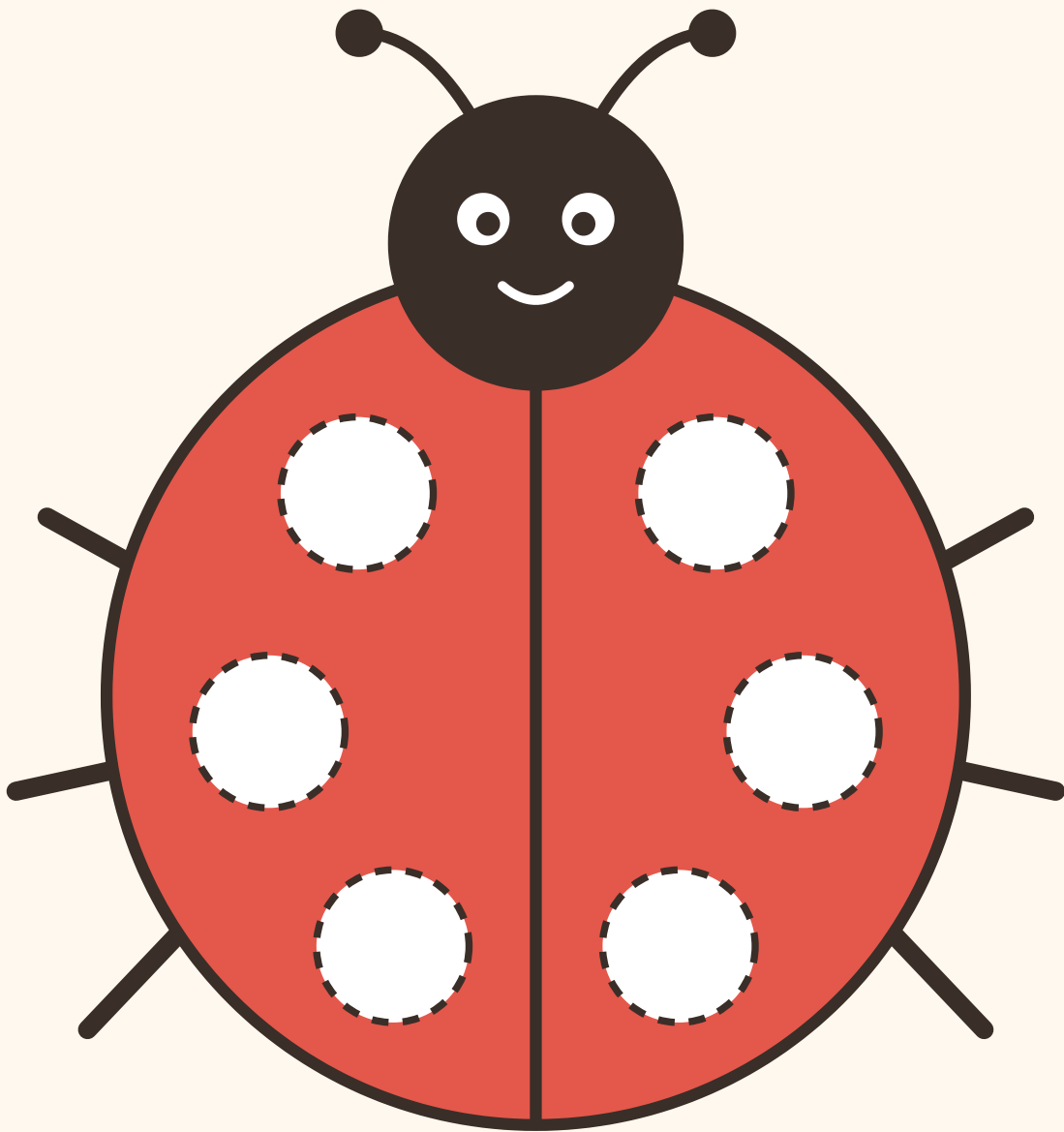


For grown-ups: Print on card stock (or glue onto a cereal box), cut out the fish and punch the white holes. Use thick yarn and wrap tape around the tip so it's stiff like a needle. Any order is fine: in, out, over the edge, it's all practice.

15–20 min · Fine motor & focus · Never leave string with a sleeping child

Ladybug lost her spots!

Put a dot in every white circle. Let's count: 1, 2, 3...

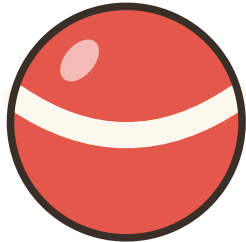


For grown-ups: Use big round stickers, dot markers, a fingertip dipped in paint, or little playdough balls. Peeling stickers is great finger practice: lift the edge a bit to get them started. Count each spot out loud together.

10 min · Pincer grip & early counting · Watch that stickers stay off little mouths

Big or small?

Point to the BIG one. Now point to the small one!



big



small



small



big



big



small

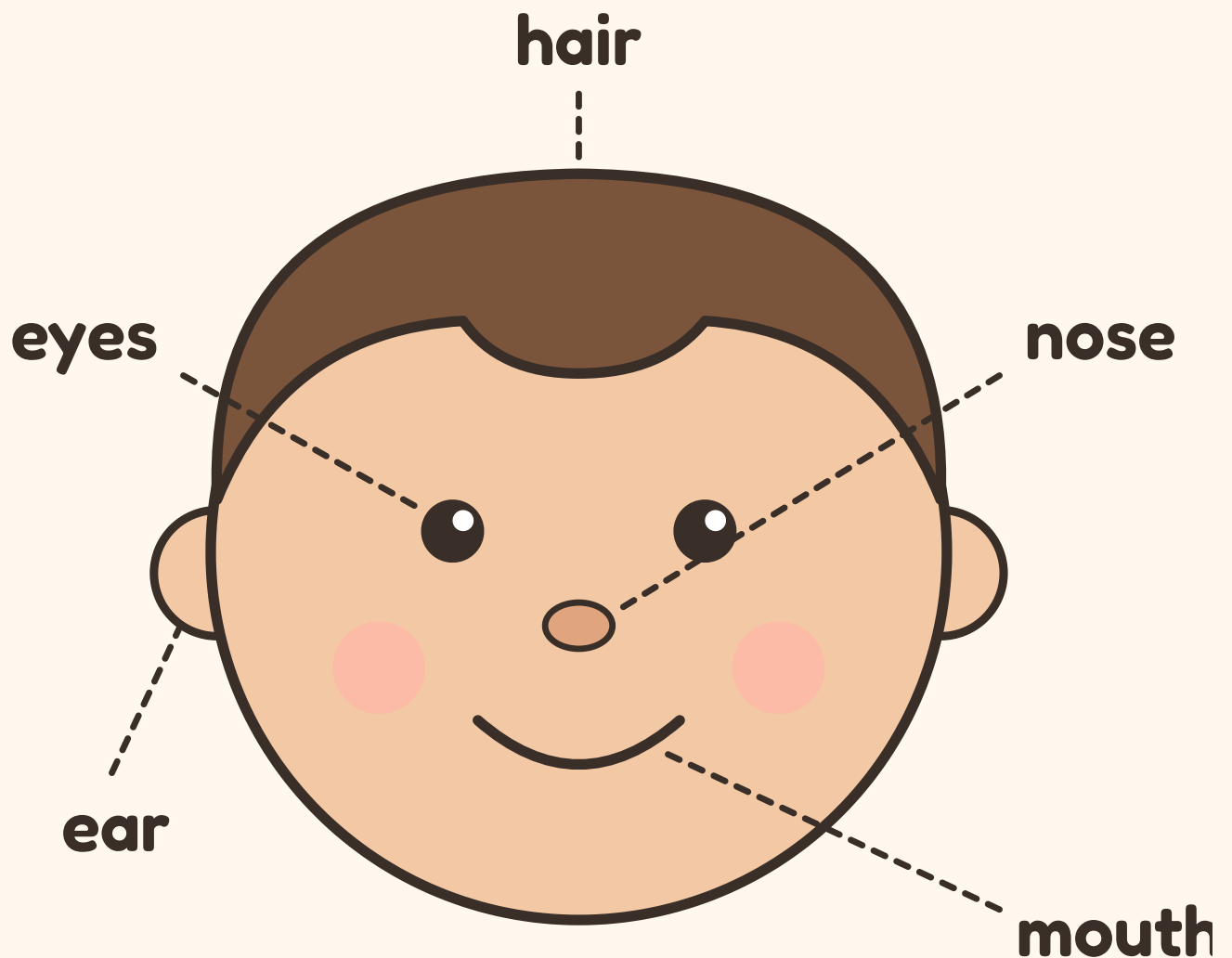


For grown-ups: Use a BIG, booming voice for big and a tiny squeaky voice for small; toddlers love it. The big one switches sides on the middle row, so they have to really look. Then hunt the house for a big spoon and a small spoon.

5–10 min · Opposites & new words

Where's your nose?

Point to it on the picture, then point to your own!

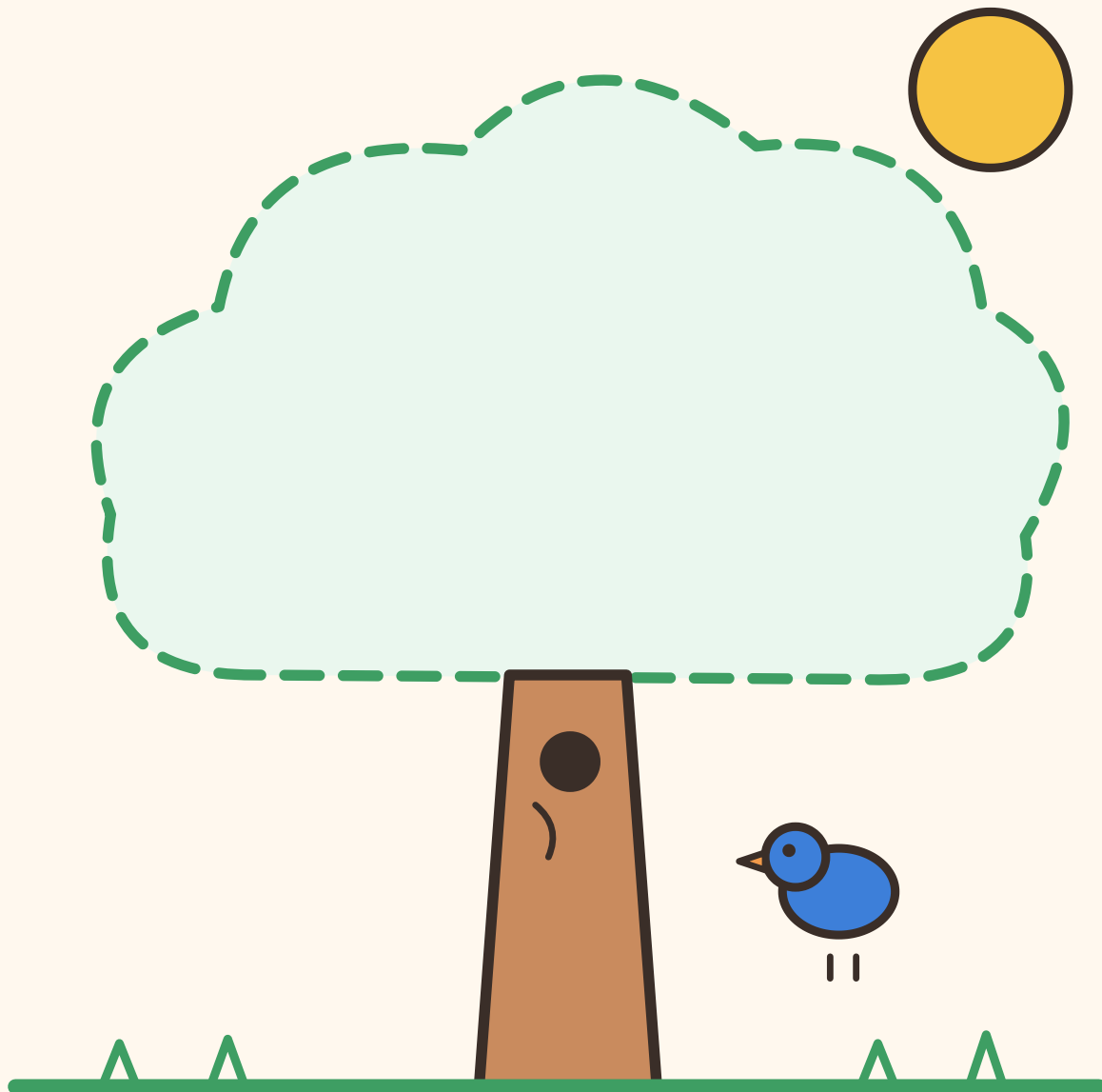


For grown-ups: Ask “Where’s the nose?” and wait a moment before helping. Then switch roles: let your child ask YOU, and get it silly-wrong sometimes (“Is this my nose?” while touching your ear). Toddlers adore correcting grown-ups.

5–10 min · Body words & listening · Great for car rides and waiting rooms

The tree needs leaves!

Rip little pieces of paper and stick them on the tree.



For grown-ups: Tearing is the workout here, so let your child rip green tissue paper, magazine pages or leftover wrapping into bits. Spread glue stick over one section at a time and let them press the pieces on. Red bits make apples; orange and brown make autumn.

15–20 min · Finger strength & two hands working together