CUT · COLOR · LEARN

AGES 4–8

Love Our Planet

Take care of the Earth with Sprout!



This book belongs to: _____

What plants need | Sort the trash | The 3 Rs | Grow a bean

Energy savers | Nature hunt | Word search

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1

What Plants Need

Circle the 4 things a plant needs to grow. Cross out the 2 it doesn't need!



Hi! I'm Sprout!

Plants give us food and fresh air to breathe. To grow big and strong, I need a few special things. Can you find them?



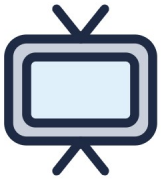
Sunlight



Candy



Water



TV



Soil



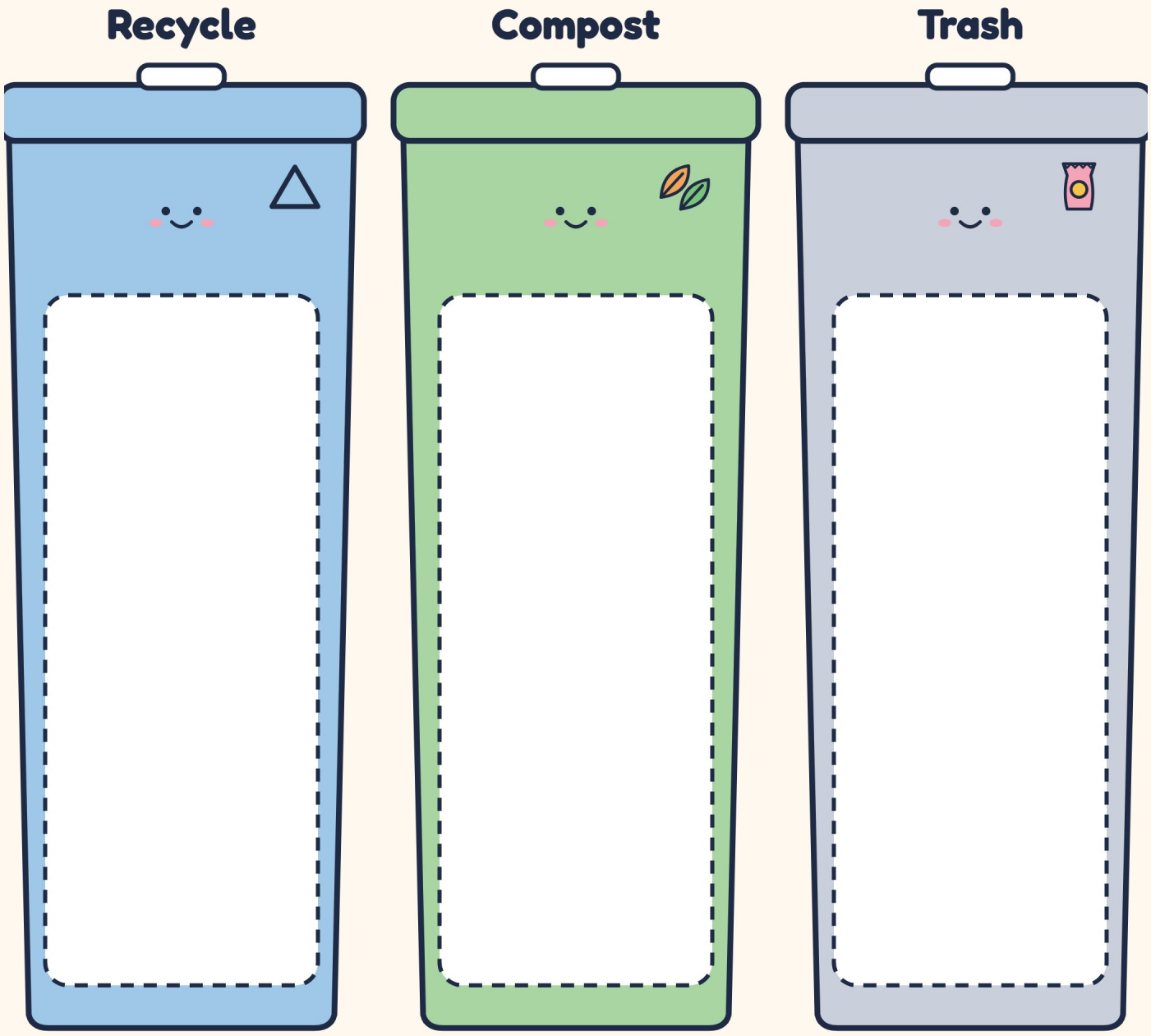
Air

Draw your dream garden! What would you plant?

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2 Sort the Trash

Cut out the stickers on the next page. Glue each one in the right bin!



Grown-ups: recycling rules are different in every town. Check what goes in your bins at home, and talk about it together!

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Trash Stickers

Color and cut out each sticker. Where does it go?



plastic bottle



banana peel



chip bag



can



dry leaves



glass jar



broken mug



apple core



cardboard box



eggshells

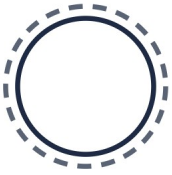


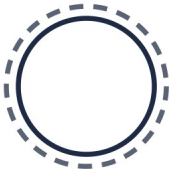
old sponge

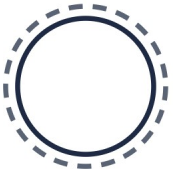


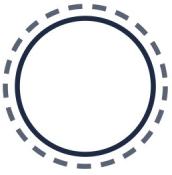
newspaper

Draw your own trash stickers, then sort them too!









Kids: color the stickers, then ask a grown-up to help you cut along the dashed circles.

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3 The 3 Rs

Read each idea and circle the R it shows.

Reduce — Use less.

Reuse — Use it again.

Recycle — Make it into something new.

Turn off the lights when you leave a room.

Reduce | Reuse | Recycle

Use an old jar as a pencil holder.

Reduce | Reuse | Recycle

Put empty cans in the recycling bin.

Reduce | Reuse | Recycle

Take a shorter shower.

Reduce | Reuse | Recycle

Give your old toys to a friend.

Reduce | Reuse | Recycle

Send old paper to be made into new paper.

Reduce | Reuse | Recycle

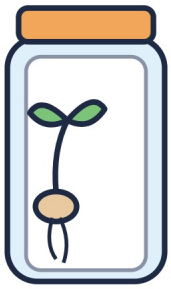
Reuse challenge: draw something new you could make from an old box or bottle!

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4 Grow a Bean

Watch a seed wake up and grow into a plant!

You will need: a jar, paper towels, water and dry beans



1. Fold a wet paper towel and put it inside a clear jar.
2. Push 2 or 3 dry beans between the paper and the glass.
3. Put the jar in a warm, bright spot.
4. Keep the paper damp, but not soaking wet.
5. Look every day and draw what you see!

Day 1

Height: _____ cm

Day 3

Height: _____ cm

Day 5

Height: _____ cm

Day 7

Height: _____ cm

Did you know? Every seed has a tiny baby plant inside, packed with its own snack to help it start growing!

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5 Energy Savers

Circle the ways to save energy. Cross out the ways that waste it!



Turn off lights



TV on, nobody watching



Ride a bike or walk



Fridge door left open



Dry clothes in the sun



Lamp on in the daytime



Plant a tree



Car running while parked



Use a lunch box

Did you know? Making electricity and running cars can make the air dirty. When we use less energy, the air stays cleaner for people, animals and plants!



I am the Energy Helper at home!

Today I turned off _____

Name: _____

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6 Nature Hunt

Go outside with a grown-up. Check the box when you find each thing!



A leaf ☐



A flower ☐



A rock ☐



A bird ☐



A feather ☐



A cloud ☐



A bug ☐



A pinecone or seed ☐



A stick ☐

Nature rule: Look closely, but leave flowers, bugs and birds where you find them. Always explore with a grown-up!

Draw the best thing you found!

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7 Planet Word Search

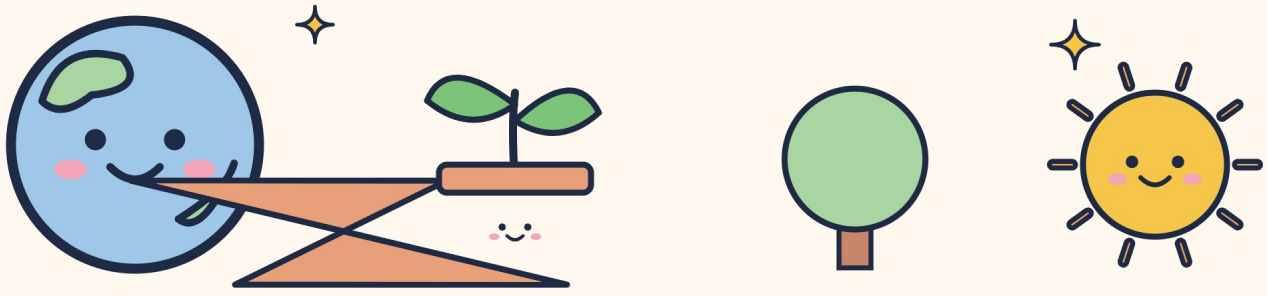
Find the hidden nature words in the puzzle.

I	N	V	J	N	R	M	T	L	S
S	T	N	T	H	K	A	I	U	F
U	K	S	T	T	D	V	G	F	V
N	T	E	I	J	D	C	P	L	V
P	C	A	S	E	E	D	L	O	C
P	N	R	E	A	J	L	N	W	N
L	D	T	B	U	U	E	B	E	M
A	T	H	A	I	R	A	K	R	S
N	I	R	H	B	J	F	A	C	D
T	R	E	C	Y	C	L	E	U	S

Find these words:

- ☐ EARTH
- ☐ PLANT
- ☐ SEED
- ☐ RECYCLE
- ☐ SUN
- ☐ FLOWER
- ☐ AIR
- ☐ LEAF

Tip: Words go across (→) or down (↓). Color each word you find with a different color!



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OFFICIAL

Earth Hero

This certificate is proudly given to

_____

for sorting trash, saving energy, growing a plant
and helping Sprout take care of our planet!

_____ _____

Date Grown-up signature

For grown-ups: answer key

1 · What plants need: circle sunlight, water, soil and air. Cross out candy and TV.

2 · Sort the trash: recycle – bottle, can, glass jar, cardboard box, newspaper; compost – banana peel, apple core, dry leaves, eggshells; trash – chip bag, broken mug, old sponge. (Local rules may differ!)

3 · The 3 Rs: lights – reduce; jar – reuse; cans – recycle; shower – reduce; toys – reuse; paper – recycle.

5 · Energy savers: circle lights off, bike or walk, drying clothes in the sun, planting a tree and the lunch box. Cross out the TV, open fridge, daytime lamp and running car.

4, 6 & 7: every observation is right! In the word search, words go across or down.

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